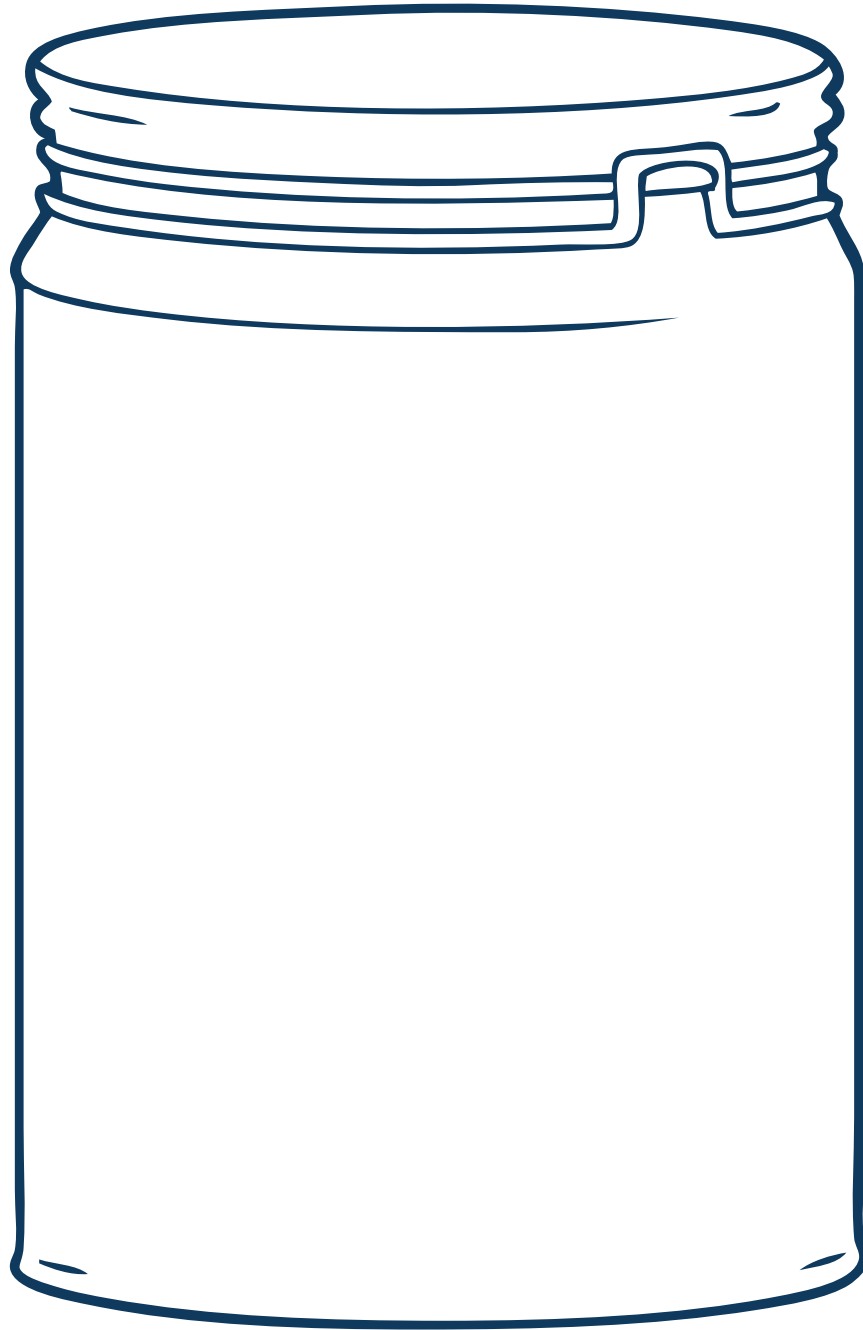


# BUILD YOUR OWN PARFAIT!

Fill the mason jar below with yogurt and your favorite parfait toppings.

Tag @AmericanDairyNE on social to be featured.

No printer, no problem - draw your own DIY parfait on scrap paper.



## Nora's Joke Corner:

What do you get when you put a cow on a trampoline? - A milkshake

